



**breatheLIFE**

A Signature HealthCARE Program of Distinction



**HometownCARE**

**Westmoreland**

Care & Rehabilitation Center

A *Signature* HealthCARE<sup>®</sup> Community

BreatheLife is a partnership among patients, families, physicians, and all Signature Stakeholders to promote the understanding and treatment of pulmonary disease.

Our goal is to enhance the patient experience by offering a comprehensive, whole-person approach to improving quality of life for our patients and their families.

We strive to exceed the expectations of our patients by supporting a philosophy of care coordination and care transitions across the continuum. Our devoted team at Signature HealthCARE of South Bend is invested in the improvement and success of each patient in our care.

## WHAT WE DO

- Manage Respiratory Symptoms
- Decrease the need for emergency room visits
- Increase the patient's ability to manage activities of daily living
- Early identification and management of condition changes

## HOW WE DO IT...

- Highly-trained staff attend to personal, medical, and spiritual needs of each patient
- Evidence-based assessments and treatment pathways
- Education related to the patient's specific condition provided to empower personal management of his or her own health condition to their optimal level.



## PROGRAM HIGHLIGHTS

- Patient education on self-care and breathing exercises including diaphragmatic and pursed lip breathing
- IV administration, including Lasix and Solumedrol
- Oximetry
- CPAP and BPAP
- Incentive Spirometry
- Nebulizer Therapy
- Metered Dose Inhaler
- Oxygen administration
- Oropharyngeal and Nasal Pharyngeal suctioning
- Passy-Muir Valve®
- Acapella Device®
- Tracheostomy Care
- Sputum Collection
- Postural Drainage
- Percussion and Vibration Therapy
- Smoking Cessation Assistance

## OUR VISION

To radically change the landscape of HealthCARE forever.

## OUR MISSION

Our family-based organization will revolutionize the healthcare industry through a culture of patient-centered healthcare services, personalized spirituality, real quality of life initiatives and stakeholder education and empowerment, to earn the trust of every patient, family and community we serve.



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*Signature*  
HealthCARE

**1559 New Highway 52, Westmoreland, TN 37186**  
**[westmorelandcare.com](http://westmorelandcare.com)**

We admit and treat all patients/residents without regard to color, race, religion, national origin, gender, sexual orientation, handicap or age.